Ryan Day Radio Show: Ohio State Hopeful To Rest C.J. Stroud Against Akron



Ohio State head coach Ryan Day spoke with Paul Keels and Jim Lachey on 97.1 The Fan's Ryan Day Radio Show on Thursday afternoon.

Day said quarterback C.J. Stroud will be used in "an emergency capacity" against Akron. He is hopeful that they can rest Stroud on Saturday and give reps to Kyle McCord and Jack Miller. As of now, Quinn Ewers would be unavailable for the game.

He talked about Ohio State's performance against Tulsa and how he feels about the matchup with Tulsa. The Buckeyes will host the Zips at Ohio Stadium on Saturday at 7:30 p.m.

RYAN DAY'S COMMENTS AND QUOTES

On young players gaining experience:

"They have to learn that winning is hard."

On running back TreVeyon Henderson:

"Once he gets to that second level, he can turn that into a home run."

"Certainly a tremendous performance for his third game."

On Henderson and the team's youth:

"It really hit me these last couple weeks how inexperienced this team is."

"We have a bright future. We're going to be very good soon."

On offensive lineman Matt Jones filling in for Thayer Munford:

"He played well."

"This is somebody who could've come in and demanded more playing time."

On offensive line coach Greg Studrawa:

Day said he has "been out for a couple weeks."

He said Studrawa had back surgery and is recovering.

On offensive coordinator Kevin Wilson:

Day said Wilson "stepped in" and graduate assistant Kennedy Cook also took over some of the responsibilities.

On wide receiver Garrett Wilson:

"What impresses me most... we ran a play, he came down and just got enough. That broke Tre [Henderson] to the second level for a touchdown."

On the defensive rotation:

"Cam Martinez showed up a little bit, also Ronnie Hickman."

"A lot of fresh faces in there."

"We're starting to find and settle some roles."

On cornerback Cam Martinez:

"He's very conscientious. He spends a lot of time in here watching film."

"I think everybody in the building has a lot of respect for him."

"I think he has a high ceiling. This is just the start."

"We look at him as a wide receiver as well. You could see some of the nature athleticism."

On the defensive line:

"It was great to see Tyliek get that sack."

"How can we get these guys to execute in all three phases? That's the challenge."

On defensive end Zach Harrison:

"Expect to see him play this game and get back on track."

On cornerback Denzel Burke:

"He's just competed every day and hasn't backed down from our receivers."

"You've seen him flash."

On the safety position:

"Losing [Josh] Proctor was a blow for us."

"I think Bryson [Shaw] has stepped up."

Day said they're trying to mix in Craig Young and Cam Martinez at safety.

On the defensive line struggling to reach the quarterback:

"Four down front, for sure, is something that we believe in here."

"There are times where you can bring a linebacker or two."

On finding balance on the offense:

"I don't think we've quite found that yet."

"We want to get around 250, 300 on each side."

"When we're firing on all cylinders, that's when we're at our best."

On protecting the guarterback from wear and tear but still getting reps:

"We have to make sure that we keep these guys healthy."

"It's just the experience of feeling the game... and then you go from there."

On quarterbacks Jack Miller and Kyle McCord:

"We've asked C.J. to take these last couple days off and rest that shoulder."

"Probably use C.J. in somewhat of an emergency and play some of those other guys."

On Akron:

"This is a team that has a good scheme on both sides."

"They're going to come in here... with a lot of energy. We got to match that."

On the preference to run the quarterback:

"We haven't really designed many runs for [Stroud] early on."

"As time goes on, we'll continue to build that package for him."

On wide receiver Chris Olave:

"He's a tremendous talent. He's had a ton of production here."

"He's somebody that will go dowin in Ohio State as probably one of the more clutch wide receivers."

On Miyan Williams and the running back room:

"Blessing and a curse of having a deep room there."

On tight ends:

"I think we're getting there."

"I do think it can be a weapon for us when used properly."

On what stood out on the defense:

"We stopped the run. We changed the box up a little bit."

"We got a little bit of the two-high [safety] stuff."

"It really comes down to how many points you're giving up."

On Palaie Gaoteote:

"He's had a little bit of a tough run."

"He is learning a new system. He doe have talent."

On quarterback depth:

"We've always felt like we're going to need several guys at that position."

Day referenced the 2014 national championship season.

On developing a quarterback:

"The great ones... they've actually been on the scout team."

"They learn about pocket presence and they feel rush in their face."

On Akron, Ohio State playing to its standard:

"They're going to come in here with a lot of energy."

"We set the standard, and that's what we're going out to play for."

On Mike Hall, J.K. Johnson losing their black stripes:

"Both of those guys have been working really hard."

"They've just kept coming... getting better."

On J.K. Johnson:

Day said Johnson intercepted a pass at practice on Wednesday.

"You want that [resilience, toughness] in a young player."